



INSPIRE

NEUROCARE



# Brook View

Neurological Centre in Worcester

EMPOWERING RECOVERY,  
RESTORING LIVES



43 Ensuite  
rooms



1 Independent  
living apartment



## WELCOME TO BROOK VIEW NEUROLOGICAL CENTRE IN WORCESTER

At Brook View Neurological Centre, we provide specialist rehabilitation and long-term care for adults with complex neurological conditions and injuries.

Our mission is to empower individuals to live meaningful and fulfilling lives. We go beyond traditional neurorehabilitation by tailoring nursing care and therapies to each person's goals, preferences and needs.

From the moment you arrive, you will experience our dedication to excellence, innovation and compassionate care.

Our consultant-led interdisciplinary team includes specialists in rehabilitation medicine, GPs, nurses, therapists and Rehabilitation Assistants, working closely with individuals, families and commissioners to provide holistic, coordinated support.



**Richard Hier**  
CENTRE MANAGER

# Care & Pathways

## NEUROLOGICAL & SPINAL INJURY REHABILITATION

Our rehabilitation pathways support people recovering from sudden-onset neurological conditions such as:

- ▶ Traumatic brain injury
- ▶ Spinal cord injury
- ▶ Stroke
- ▶ Anoxia or hypoxia
- ▶ Tumour or infection

Rehabilitation is embedded into everyday life. Therapy is delivered both through structured sessions and continuous support from Rehabilitation Assistants, ensuring progress happens throughout the day.

We also provide maintenance and slower-stream rehabilitation for people who need longer-term support.

## NEURODEGENERATIVE & LONG-TERM CONDITIONS

We provide specialist care for people living with progressive conditions such as:

- ▶ Multiple Sclerosis (MS)
- ▶ Huntington's disease
- ▶ Parkinson's disease
- ▶ Motor Neurone Disease (MND)
- ▶ Early-onset dementias

Our goal is to maintain independence for as long as possible, supported by our interdisciplinary team of physiotherapists, occupational therapists, neuropsychologists, speech and language therapists, and specialist nurses.



### We also provide:

- ▶ **Respite care** – short-term stays with therapy input as needed
- ▶ **Neuro-palliative care** – compassionate, person-centred end-of-life care, supporting both individuals and families

### We support individuals with:

- ▶ Mobility impairments, spasticity and postural needs
- ▶ Complex nutrition and hydration support, including PEG feeding
- ▶ Swallowing and communication difficulties
- ▶ Cognitive and memory problems
- ▶ Complex nursing needs including skin integrity, continence, and epilepsy
- ▶ Emotional and behavioural difficulties



# Facility

## CONTEMPORARY, ACCESSIBLE FACILITIES

Brook View Neurological Centre has been purpose-built for rehabilitation and long-term care, combining clinical excellence with comfort and independence.

### Facilities include:

- ▶ 43 ensuite bedrooms – soundproofed, light, and spacious
- ▶ One-bedroom independent living apartment with accessible kitchen and wet-room
- ▶ 32m<sup>2</sup> physiotherapy gym
- ▶ Open-plan communal areas with WiFi throughout
- ▶ Landscaped gardens and three large balconies for relaxation and socialising

Our independent living apartment allows people to practise skills in a safe environment before returning home. Adjustable height worktops, pull-down storage, and flexible layouts enable safe use for wheelchair users and people with limited mobility.





# Outcomes

## ACHIEVING POSITIVE OUTCOMES

At Brook View Neurological Centre, outcomes are always personal. For some, rehabilitation means regaining skills for independent living. For others, success is about stability, symptom management, or maintaining function.

We use recognised outcome measures such as FIM+FAM alongside individual goals to track progress. Our consultant-led care is integrated with hospital and community services, ensuring seamless pathways and discharge planning.

*“When my son moved into Inspire Neurocare he was bedbound and not speaking. With their attentive care he now speaks well and communicates like before. We will be forever grateful.”*

**Family of a resident**

# Therapeutic excellence & specialist nursing care

## AN INTERDISCIPLINARY TEAM OF SPECIALISTS

### Consultant-led care

Our Consultant in Rehabilitation Medicine leads the interdisciplinary team at Rehabilitation Assistants, ensuring a joined-up approach to care. Close links with acute hospital services, community teams and other providers mean that individuals benefit from continuity and coordinated pathways throughout their rehabilitation journey.

### Therapeutic excellence

Our team of therapists support people to live with greater independence, whatever their rehabilitation needs. Neurological conditions can affect both physical function and emotional wellbeing. Changes in mobility, thinking, decision-making or behaviour often require specialist input, while

symptoms such as mood disturbance, anxiety or distressed behaviours can impact quality of life.

- ▶ **Neuropsychology** – our Neuropsychologist works with individuals and families to address cognitive and emotional changes, providing strategies that enhance wellbeing and daily coping.
- ▶ **Neurological Physiotherapy** – our physiotherapists are trained to treat neurological conditions with the aim of restoring or maintaining movement, strength, balance and functional independence.
- ▶ **Occupational Therapy** – our OTs support people to build skills in everyday living, adapting environments where required to maximise independence.
- ▶ **Speech and Language Therapy** – our SLTs help individuals with swallowing difficulties (dysphagia) and communication issues, using therapy techniques and adaptive aids to improve safety and interaction.

## Complex Nursing Care

Our specialist nursing team supports individuals with a wide range of complex needs. This includes care for epilepsy, dementia, mobility challenges and physical disabilities. Nursing care at Worcester encompasses postural management, supported nutrition and hydration (including PEG feeding), continence, skin integrity and pain management. Families and individuals are supported to adapt to new ways of living within a safe and therapeutic environment that promotes good physical, psychosocial and mental health.

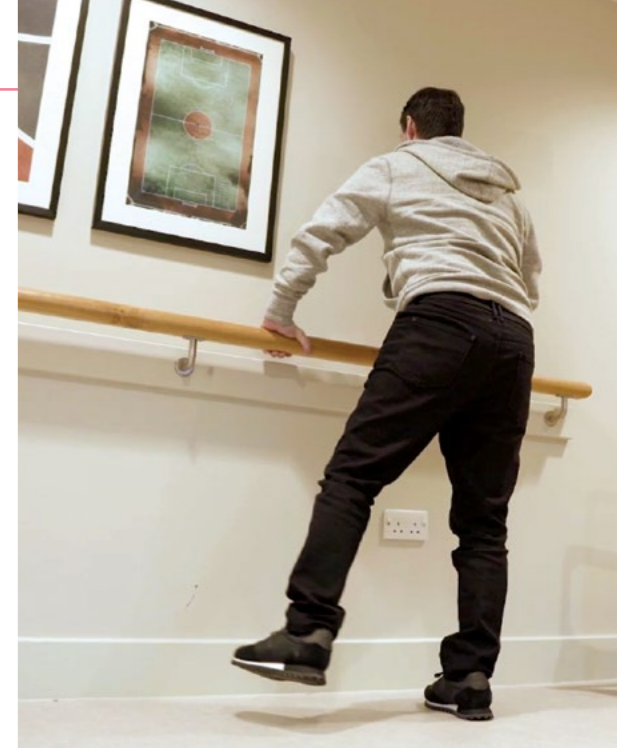
## Rehabilitation Assistants

Rehabilitation Assistants (RAs) provide a unique and innovative role within Brook View Neurological Centre. Unlike traditional carers, RAs combine care, therapeutic input and companionship in one, ensuring rehabilitation is embedded into daily life.

They contribute in three fundamental ways:

1. Creating opportunities for rehabilitation throughout each interaction.
2. Sharing knowledge across the interdisciplinary team to reinforce therapy goals.
3. Supporting rest, recovery and meaningful activity.

By integrating therapeutic practice with everyday routines, our Rehabilitation Assistants help people develop confidence, independence, and resilience.





# Referrals

## MAKE A REFERRAL

We welcome referrals from commissioners, case managers, hospitals, and families.

- ▶ **Assessment:** Skilled clinicians carry out detailed assessments and provide comprehensive reports with recommendations and costs.
- ▶ **Reviews:** Progress reviews are held at 6–8 weeks and 12–14 weeks, with additional reviews arranged for shorter placements.
- ▶ **Funding:** Placements are funded by Integrated Care Boards (ICBs), Continuing Healthcare, local authorities, private pay, or legal settlements.

## Referrals Team

✉ [referrals@inspireneurocare.co.uk](mailto:referrals@inspireneurocare.co.uk)



## REGULAR REVIEWS

Every care and rehabilitation pathway includes an initial assessment, care planning, and goal setting with interdisciplinary team members, individuals, and families. An initial progress review occurs at 6–8 weeks, followed by another at 12–14 weeks.

For shorter rehabilitation placements, we will arrange timely progress reviews, with reports at the halfway point of an agreed rehabilitation period, or as directed by Commissioners.

At these meetings, team members, individuals, families, and care commissioners discuss and agree on next steps, including discharge planning, transition to long-term care, or advanced care planning.


## FUNDING CARE

Funding is usually obtained through to Integrated Care Boards, Continuing Healthcare and by local authorities. Placements can also be self-funded by individuals and family members, or through legal settlements.



## Brook View Neurological Centre


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